

ANSWERS

Unit 1 Small People, Big Hearts

Graphic Materials and Short Texts

1 D 2 A 3 B 4 B 5 B 6 D 7 D 8 C

Grammar

PRACTICE 1

- 1 our
- 2 yourselves
- 3 him /his
- 4 themselves
- 5 its
- 6 itself

PRACTICE 2

Across

- 1 yourself
- 2 us
- 4 him
- 6 its
- 8 their
- 10 her
- 11 We
- 12 me

Down

- 1 You
- 3 She
- 4 herself
- 5 mine
- 7 She
- 9 hers
- 10 him

PRACTICE 3

1 D 2 B 3 C 4 A 5 B

Text Completion

1 C 2 C 3 B 4 D 5 D 6 A 7 D

Information Transfer

- 1 Tanzania
- 2 5,890 m
- 3 Eight

- 4 Celebrate the writer's/ Dhru Shah's birthday
- 5 Marangu Gate
- 6 the black and white Colobus and the Blue monkey
- 7 Horombo Ridge
- 8 24 December
- 9 25 December
- 10 Uhuru

Reading Comprehension

- 1 (a) They have embraced green living in all aspects of their lives.
(b) The government was planning to introduce a new law on Environmental Protection.
- 2 (a) Both their parents taught them not to be wasteful, Gurmit's mother taught him the importance of recycling while Tan's parents instilled in her the reading habit.
(b) They eat only home cooked food. / They do not use air conditioners. / They grow their own vegetables. / They use public transportation, cycle or walk. (Any two)
- 3 (a) They want people to take note of environmental issues and the best way to get people to change is to be living examples for others to emulate.
(b) They must be committed, patient, have perseverance and not expect immediate gratification.
(c) Emulate
- 4 For her contribution to improve food quality and environmental protection through the promotion of organic production systems in Asia
- 5 Malaysians find it difficult to change their habits and give up old practices. (Accept any suitable answer)

Summary

PRACTICE 1

- 1 1942
- 2 Universiti Malaya
- 3 Engineering
- 4 Assistant Engineer
- 5 human rights and environmental activism
- 6 Langkawi Environmental Award 1993
- 7 Honorary Masters from Universiti Pertanian Malaysia 2003

- 8 Sustainable Consumer Award from Domestic Trade and Consumer Affairs 2008
- 9 Saika Award from the Japan Technological Institute Foundation in 2001
- 10 her contribution to improve food quality and environmental protection through the promotion of organic production systems in Asia
- 11 being thrifty / not wasting
- 12 reading
- 13 living a simple life
- 14 not eating out / eating only home-cooked food
- 15 equipping house with rainwater harvesting system, aluminium louvres and aerated hollow concrete
- 16 having no air conditioners
- 17 using solar panels to generate electricity and hot water
- 18 recycling paper, composting and separating their waste
- 19 growing their own vegetables
- 20 relying on public transportation, cycling or walking

PRACTICE 2

Sample answer

Gurmit and Tan embrace green living in their lives and have become exemplary environmentalists. For more than four decades, they have lived a simple life dedicated to human rights and environmental activism. They use public transportation, cycle and walk everywhere. Their house has a rainwater harvesting system, aluminium louvres and aerated hollow concrete to reduce heat and direct sunlight. There are no air conditioners in their home. Solar panels generate electricity and hot water. They recycle paper, carry out composting and separate their waste. They have home-cooked meals and grow their own vegetables. Gurmit received the Langkawi Environmental Award, an honorary Masters degree from Universiti Pertanian Malaysia and the Sustainable Consumer Award. Tan received the Saika Award for her contributions to improve food quality and environmental protection.

(127 words)

Unit 2 Growing Years**Graphic Materials and Short Texts**

- 1 B 2 C 3 B 4 D 5 A 6 A 7 D 8 D

Grammar**PRACTICE 1**

- 1 Cx
- 2 S
- 3 C
- 4 S
- 5 Cx
- 6 C

PRACTICE 2

- 1 Angeline was late for work so her boss was very angry.
- 2 When I went to the movies last night, I was robbed in the cinema's car park.
- 3 Her favourite flower was the white rose which she always wore in her hair.
- 4 I warned her of the consequences yet she cheated in the examination anyway.
- 5 My parents wanted me to become a doctor; however, I decided to study engineering.

PRACTICE 3

- 1 The students weren't well-prepared for the final examination.
- 2 The government shouldn't increase the price of petroleum.
- 3 You may not be able to get permission to leave early.
- 4 She oughtn't register for extra classes.
- 5 I am not aware of the risks involved in this medical procedure.
- 6 Mrs Siva may not come for the general meeting this Friday.
- 7 The directors haven't agreed to go ahead with the project.
- 8 My relatives didn't manage to come back in time for the Diwali celebrations.

PRACTICE 4

- 1 Compound : They are rich but they are unhappy.
Complex : Though they are rich, they are unhappy.
- 2 Compound : It was a sunny day so the children went out to play.
Complex : Since it was a sunny day, the children went out to play.
- 3 Compound : Dolly was very sick, yet she still sat for the final examination.

- Complex : Even though Dolly was very sick, she still sat for the final examination.
- 4 Compound : Ronnie brushed his teeth and took a shower.
- Complex : After brushing his teeth, Ronnie took a shower.
- 5 Compound : You must study for your Math test or you will not pass it.
- Complex : Unless you study for your Math test, you will not pass it.
- 6 Compound : The king gave his daughter everything she wanted for he loved her very much.
- Complex : Because the king loved his daughter very much, he gave her everything she wanted.

Text Completion

1 C 2 A 3 C 4 C 5 A 6 A 7 C

Information Transfer

- 1 1959
- 2 1977
- 3 7
- 4 11
- 5 Thailand/Bangkok
- 6 Malaysia/ Kuala Lumpur
- 7 two years
- 8 Kuala Lumpur/ Malaysia
- 9 19 to 30 August 2017
- 10 38

Reading Comprehension

- 1 (a) The best place one can start building self-esteem is in the home.
(b) Throughout one's life/A lifetime/From birth to death (Accept any one)
- 2 (a) Parents
(b) It is important to praise children as it helps to boost their confidence./It will make them more confident. (Accept any one)
- 3 (a) Volatile
(b) Only when it is needed
- 4 (a) Teenagers believe strongly in themselves. / Teenagers enjoy a high level of self-respect. / Teenagers may suffer fewer illnesses. (Accept any one)

(b) Self-esteem

- 5 Yes, I think self-esteem is important as it helps one to be a more matured and better person.
(Or) No, I think self-esteem is not important as a person who is hard-working or clever will succeed in life. (Accept any suitable answer)

Summary

PRACTICE 1

- 1 Offer praise for a job well done
- 2 Allow teenagers to make their own decisions
- 3 Offer help only when needed
- 4 Encourage teenagers to solve problems on their own (even if they fail)
- 5 Assign age-appropriate chores and projects
- 6 Let them do their work without interference
- 7 Show that they trust and believe in their teenagers
- 8 More confident
- 9 Become responsible
- 10 Feeling of self-worth
- 11 Become successful as adults
- 12 Believe strongly in themselves
- 13 Enjoy a high level of self-respect
- 14 Suffer fewer illnesses

PRACTICE 2

One way parents can help boost their child's confidence is by offering praise for a job well done. This will help him grow into a more confident teenager. Allowing teenagers to make their own decisions teaches responsibility and shows them that they are trusted. Parents should encourage teenagers to solve their problems independently and offer assistance only when needed. Parents should assign chores and projects and let their teenagers work without interference. Teenagers who feel that their parents trust and believe in them have higher self-esteem and are more successful. Self-esteem affects how teenagers interact with others, how they approach new tasks and how they deal with life's challenges, pressures and stresses. Teenagers with high self-esteem believe strongly in themselves, enjoy a high level of self-respect and suffer fewer illnesses.

(130 words)

Unit 3 Heroes Among Us

Graphic Materials and Short Texts

1 D 2 A 3 C 4 C 5 D 6 B 7 D 8 C

Grammar

PRACTICE 1

Award-winning Aboriginal writer, Alexis Wright is a ray of light for her people. Last year, Wright became the first native Australian to win the Miles Franklin Literary Award, with 'Carpentaria', a book that transfuses the country's northern coast with magical realism. "As an indigenous author, I have to work terribly hard to get my work done and understood," she says. "We meet white resistance all the way. I work hard and use resources that are available to me. My role as a novelist is to explore ideas and imagination, and hopefully that will inspire people from my world to continue dreaming and to believe in dreams."

PRACTICE 2

- 1 "Why are you late?" asked the teacher.
- 2 "What wonderful news!" exclaimed Martha.
- 3 You shouldn't make the same mistake twice.
- 4 Susan went to the store to buy apples, oranges and strawberries.
- 5 The famous Shakespeare once said, "To be or not to be."

PRACTICE 3

- 1 This Sunday, we will watch a movie.
- 2 He's a well-educated manager.
- 3 Clement said to Ernie, "How is my favourite boy?"
- 4 Three of our boys participated in the state debate championships: Halim, Teoh and Ramu.
- 5 GMF (Genetically Modified Foods) is the latest advancement in food technology.

Text Completion

1 C 2 A 3 D 4 B 5 C 6 C 7 A 8 A

Information Transfer

- 1 Architect
- 2 preservation of natural history
- 3 Portmeirion
- 4 Unique combination of fantasy village and extraordinary gardens

- 5 85 acres
- 6 1925
- 7 £20,000
- 8 1925 – 1939
- 9 1954 – 1976
- 10 Portmeirion Pottery

Reading Comprehension

- 1 (a) It was the summer holidays.
(b) A cave (on the beach)
- 2 (a) Strong waves/The tide/The current that kept throwing them back in each time they tried
(b) The boys did not turn up in time to get ready for dinner.
- 3 (a) There was complete silence on the boats.
(b) sapped
- 4 Having guessed the pattern of the waves, he took a chance to get the dinghy into the cave before the next wave came crashing in.
- 5 They could put up a sign that warns the public not to swim when the tide is high/ that prevents children from swimming without adult supervision. (Accept any relevant answer.)

Summary

PRACTICE 1

| | |
|--|--|
| What the boys did | <ol style="list-style-type: none"> 1 the boys went to the beach to explore the cave 2 they made dams 3 they tried to swim out of the cave 4 they could not fight the waves |
| How the coastguard rescued the boys and the difficulties they faced | <ol style="list-style-type: none"> 1 Matthew's mother called the coastguard 2 the coastguard's abseiler spotted them 3 the helicopter could not get near them 4 the sea was too choppy for the dinghy to get close |

- 5 the waves were too high for Karl to swim to the cave
- 6 Anthony swam to the cave to save the boys
- 7 after a five-minute struggle with the waves, Anthony got into the cave
- 8 Anthony took Matthew out first
- 9 he then went back to the cave to save Reece
- 10 Gerard managed to get the dinghy close to the cave's entrance
- 11 Anthony managed to get Reece out of the cave
- 12 a helicopter took the boys to the hospital

PRACTICE 2

When Pamela called the coastguard, Anthony and his crew launched their lifeboat and took a dinghy along. Searching the cliffs, the coastguard's abseiler spotted the boys. He could not get the boys out. The water was choppy and the helicopter could not get near the boys. Gerard Bradley tried to get the dinghy through a narrow gap to get to the cave entrance. The sea was too rough and he could not do it. Although the waves were high, Anthony struggled with them, and got to the boys. He took Matthew first. The process was difficult but Anthony managed to get Matthew to the dinghy. Anthony went back to the cave and got Reece out. A coastguard helicopter flew the boys to the hospital, where they received treatment for hypothermia.

(129 words)

Unit 4 Looking After Our Health

Graphic Materials and Short Texts

1 D 2 C 3 D 4 B 5 A 6 C 7 D 8 D

Grammar

PRACTICE 1

- 1 to hurry
- 2 nagging
- 3 speaking
- 4 smoking
- 5 to bring

PRACTICE 2

- 1 working/to work; asking
- 2 buying; to have
- 3 nursing; helping
- 4 to visit; to be
- 5 to understand; playing
- 6 to work; to upset
- 7 to make; knocking
- 8 cooking; to serve; eating/to eat

PRACTICE 3

- 1 D
- 2 B
- 3 B
- 4 D
- 5 C

Text Completion

1 D 2 B 3 C 4 D 5 B 6 C 7 A 8 A

Information Transfer

- 1 How Important is Your Teenager's Health?
- 2 Regina Health Centre
- 3 July 19
- 4 Regina Health Centre
- 5 2.00 p.m.
- 6 fortnight/two weeks
- 7 RM25
- 8 to the first 20 participants
- 9 Dr. Zarina Othman
- 10 Break Free from Carb Addiction

Reading Comprehension

- 1 (a) It can lead to frustration and eventually depression.
(b) We experience emotions to fulfil our needs, wants and desires.
- 2 We need to know what creates the emotions and what it is calling for.
- 3 (a) Primary 'negative' emotions, secondary emotion and tertiary emotion
(b) Addressed
(c) They are indicators to tell us that something in our life needs to be dealt with.
- 4 He or she starts eating and shopping excessively, gets angry easily, feels unhappy, feels bad about himself, is unable to sleep and has relationship problems.

- 5 Emotional therapy deals directly with emotional issues, understands where they come from and properly addresses those issues while psychiatry treats mental disorder with medication.

Summary

PRACTICE 1

- 1 To fulfil their needs, wants and desires
- 2 Primary negative emotions
- 3 Secondary emotion
- 4 Tertiary emotion
- 5 Eating and shopping excessively
- 6 Getting angry or feeling unhappy
- 7 Feeling bad about oneself
- 8 Being unable to sleep
- 9 Having relationship problems
- 10 Get help to deal with problem
- 11 Talk about the problem, decide on action that should be taken and acquire the skill to handle the emotion
- 12 Emotional therapy deals directly with emotional issues, understands where they come from and properly addresses those issues while psychiatry treats mental disorder with medication.

PRACTICE 2

Sample answer

We need emotions to fulfil our needs, wants and desires. Needs are our basic essentials. Wants are dictated by society and culture while desires differ with each individual. There are eight types of primary negative emotions, one secondary emotion, which is frustration, and one tertiary emotion known as depression. The effects and symptoms of suppressing emotions include eating and shopping too much, being angry, general unhappiness, feeling bad about oneself, inability to sleep and having relationship issues. Dealing with emotions effectively is a skill that can be learned and perfected with practice. Emotional therapy deals directly with the emotional issues, understands their origin and addresses the issues. It gives a person a fresh perspective and skills to handle their emotions. With emotional therapy, one becomes a well-balanced individual.

(128 words)

Unit 5 Helping Mother Earth

Graphic Materials and Short Texts

- 1 C 2 D 3 D 4 A 5 D 6 B 7 B 8 B

Grammar

PRACTICE 1

- 1 gently
- 2 angrily
- 3 quietly
- 4 secretly
- 5 absolutely
- 6 tightly
- 7 closely
- 8 Instantly

PRACTICE 2

- 1 Have you ever been to New York?
- 2 I was only teasing you.
- 3 We usually have breakfast before leaving for work.
- 4 Both glass bottles and newspapers can be recycled.
- 5 The weather is always hot this time of the year.

PRACTICE 3

- 1 now
- 2 gracefully
- 3 Sometimes
- 4 seldom
- 5 quickly

PRACTICE 4

- 1 extremely
- 2 well
- 3 dark
- 4 definitely
- 5 increasing
- 6 quick
- 7 complete
- 8 lazily

Text Completion

- 1 B 2 C 3 A 4 C 5 D 6 A 7 B 8 A

Information Transfer

- 1 SmartChill
- 2 Multi Cleaner
- 3 CookSmart
- 4 iRobot Cleaner
- 5 IronSmart
- 6 CookSmart
- 7 online at www.carevacuum.co.my
- 8 IronSmart
- 9 calling 0320180808
- 10 calling 0366172111

Reading Comprehension

- 1 (a) Waste management is the collection, transport, processing, recycling or disposal of waste materials.
(b) This is because they do not have a formal waste collection system.
- 2 In Australia, it is common to dispose waste in landfill sites; whereas, in Japan it is common for waste to be incinerated
- 3 (a) In disused quarries or mining voids
(b) Vermin
- 4 (a) Incineration of waste materials converts the waste into heat, gaseous emissions and residual solid ash.
(b) The popular meaning of 'recycling' in most developed countries refers to the widespread collection and reuse of various everyday waste materials.
- 5 Recycling and disposal of wastes. (Accept any suitable answers)

Summary

PRACTICE 1

- 1 Landfills
- 2 countries with large land area
- 3 disused quarries, mining voids were used as sites
- 4 Hygienic
- 5 Inexpensive
- 6 Incineration
- 7 countries with less land area
- 8 heat, gaseous emissions and residual solid ash
- 9 Common Recycled Items
- 10 Plant material
- 11 Food scraps
- 12 Paper products
- 13 Decompose organic matter
- 14 Kill pathogens

PRACTICE 2

Waste disposal methods vary and a relatively common method is landfill sites. Rubbish is collected and taken to sites, which are normally disused quarries or mining voids. A landfill can be a hygienic and inexpensive waste disposal method but requires a large area. Incineration is another waste disposal method that involves the combustion of waste at high temperatures. It is common where land is scarce. Incineration converts the waste into heat, gaseous emissions and residual solid ash. Recycling is a method of waste extraction. Aluminium cans, plastic bottles, glass bottles and jars, newspapers, magazines and cardboard are commonly recycled. Plant material, food scraps and paper products are also recycled. These materials are put through a composting system to control the biological process to decompose the organic matter and kill pathogens.

(130 words)

Unit 6 Keeping Safe

Graphic Materials and Short Texts

1 B 2 C 3 C 4 A 5 A 6 D 7 C 8 B

Grammar

PRACTICE 1

- 1 common
- 2 abstract
- 3 collective
- 4 proper
- 5 collective
- 6 abstract
- 7 common
- 8 proper
- 9 collective
- 10 abstract

PRACTICE 2

Match-fixing, which was alleged to have re-surfaced in Malaysian football, will tarnish the game's good name and affect its integrity, said Datuk Seri Najib Tun Razak. The Prime Minister said if players could be 'bought' by certain parties, the Government's efforts in developing the quality of the game would be adversely affected. The Football Association of Malaysia was reported to have said that they were contemplating taking drastic actions, including suspending the Malaysia Cup, if more cases cropped up in the next two weeks.

PRACTICE 3**A: Across**

- 1 hat
- 2 joy
- 3 submarine
- 6 goat
- 8 rainbow

Down:

- 1 hydrogen
- 3 sapphire
- 4 milk
- 5 egg
- 7 axe

B:

| Countable Nouns | Uncountable Nouns |
|-----------------|-------------------|
| submarine | joy |
| hat | hydrogen |
| goat | milk |
| rainbow | |
| sapphire | |
| egg | |
| axe | |

PRACTICE 4

- 1 laughter
- 2 swimmer
- 3 composition/composer
- 4 love/lover
- 5 practice
- 6 advice/advisor
- 7 creation/creator
- 8 infusion

Text Completion

- 1 B 2 C 3 D 4 A 5 A 6 D 7 B

Information Transfer

- 1 Fires
- 2 Poisoning
- 3 Burglaries
- 4 Fires
- 5 Poisoning
- 6 safety of our homes
- 7 break-in/ burglary
- 8 not blocked

- 9 call Customer Helpline at 1-600-3535
- 10 free

Reading Comprehension

- 1 (a) It is located on Sungai Niah, about 3 km from the small town of Batu Niah, 110 km south-west of Miri.
(b) 1958
- 2 (a) They found bones of humans that date back to 40,000 years in the Niah Caves.
(b) Voluminous
- 3 (a) By the Niah Plank Walk
(b) Traders used to conduct their birds' nest and guano business from here.
- 4 (a) To find your way through its dark passages and to admire the remarkable rock shapes and weathering effects
(b) Cave paintings
- 5 Student's own answers

Summary**PRACTICE 1**

- 1 On the Sungai Niah, about 3 km from the small town of Batu Niah, 110 km south-west of Miri
- 2 1958
- 3 1974
- 4 Niah Plank Walk
- 5 great tapang trees, padanus plants, orchid and tree fungi
- 6 birds, squirrels, lizards, butterflies, monkeys, flying lizards and hornbills
- 7 3.5 km from park headquarters
- 8 60 km high 250 km wide
- 9 dense tropical forest
- 10 Traders' Cave – birds' nest and guano deposits
- 11 Burnt Cave – bizarre rock formations
- 12 Moon Cave – rock shapes and weathering effects
- 13 150 m from the Great Cave
- 14 Site of famous Niah Cave paintings / 'death ships' found
- 15 Drawings portraying spread-eagled human figures and animals of surrounding forest

PRACTICE 2*Sample answer*

The Niah Great Cave and the Painted Cave are limestone hills located at Niah National Park. The Niah Great Cave is 3.5 km from the park headquarters while the Painted

Cave lies at the south-eastern tip of the Niah Cave. Access to the caves is via the Niah Plank Walk. Visitors can see giant trees, various exotic plants and numerous wildlife. Bird-watching is a popular activity. In addition, there are unique rock formations such as those found in Trader's Cave and Gan Kira. The west mouth of the Great Cave is one of the world's most spectacular cave entrances. At the back, sunlight illuminates the beautiful rock formations in the Burnt Cave. The Painted Cave is the site of the historic Niah cave paintings portraying human figures, animals forest and longboats carrying the souls of the deceased to the land of the dead.

(129 words)

Unit 7 Acid Rain

Graphic Materials and Short Texts

1 A 2 D 3 C 4 C 5 D 6 C 7 C 8 B

Grammar

PRACTICE 1

- 1 However
- 2 Therefore
- 3 Consequently
- 4 Besides
- 5 in spite of
- 6 yet
- 7 as
- 8 eventually
- 9 Meanwhile
- 10 then

PRACTICE 2

- 1 however
- 2 for example
- 3 First
- 4 Then
- 5 eventually
- 6 In short

PRACTICE 3

- 1 Therefore
- 2 also; thus
- 3 As a result
- 4 eventually

Text Completion

1 A 2 D 3 C 4 B 5 C 6 A 7 C

Information Transfer

- 1 Plant a Tree
- 2 Guided Walk
- 3 Attend a Seminar
- 4 Be a Volunteer
- 5 Big Merdeka Clean-up
- 6 Plant a Tree
- 7 barbecued sausages / sizzling sausages / sausages
- 8 meet new people
- 9 a free T-shirt
- 10 call Encik Faudzi Ahmad. / call 019-3345677

Reading Comprehension

- 1 (a) Forests located downwind of large industrial areas showed signs of deterioration.
(b) About a hundred years/a century
- 2 (a) The effects of acid precipitation on freshwater and terrestrial ecosystems, historical buildings, monument and building materials
(b) gradually
- 3 (a) No, because the writer indicates that it is not yet possible to declare victory and suggests that we still must continue to reduce our emissions of atmospheric pollutants.
(b) Natural gas and wood chips
- 4 (a) Wind power
(b) They help us to reduce the demand for electricity and enable us to get the maximum benefit from the electricity we must generate.
- 5 I think the writer is being too optimistic because he/she does not take into account the other sources of pollution besides acid rain which if not curbed, will not necessarily result in a cleaner environment. OR I think the writer is being realistic because replacing fossil fuel, which is the main contributor to pollution, with renewable energy sources would certainly lead to a cleaner environment.
(Accept any relevant answer)

Summary

PRACTICE 1

Measures that have effectively reduced the acidity of rainfall

- 1 In 1980, the US Congress passed an Acid Deposition Act
- 2 a 10-year research programme to determine long-term trends

- 3 research on the effects of acid precipitation on freshwater and terrestrial ecosystems, historical buildings, monuments and building materials
- 4 extensive studies on atmospheric processes and potential control programmes
- 5 looking more closely at soil chemistry
- 6 seeing how acid rain has changed the balance of calcium, aluminium and other elements

Current and future efforts that need to be taken

- 1 reduce our emissions of atmospheric pollutants
- 2 reduce our dependence on coal and oil as a source of energy
- 3 natural gas and wood chips emit fewer acid-rain-causing pollutants per unit of electricity.
- 4 Convert some of our existing plants to run on these fuels, and build new facilities that can replace some of our older, less efficient plants
- 5 Renewable energy sources such as wind, hydroelectric and solar are contributing to cleaner air
- 6 Wind power has become a more important source of electricity due to the fact that its costs are now similar to that of traditional fossil fuel resources.
- 7 conservation programmes have helped us reduce the demand for electricity.
- 8 Cleaner fuels, renewable sources of energy, and conservation programmes will help us conserve energy.

PRACTICE 2

The Acid Deposition Act started a research programme on the effects of acid precipitation on freshwater and terrestrial ecosystems and buildings. However, we still must reduce our emissions of atmospheric pollutants. Clean fuels, renewable energy and increased efficiency are ways to reduce our dependence on coal and oil as a source of energy. Natural gas and wood chips emit fewer acid-rain-causing pollutants. Some of our existing plants need to be converted to run on these fuels. Renewable energy sources such as wind, hydroelectric, and solar help to reduce fuel consumption. Consequently, wind power has become a more important source of electricity. Conservation programmes have helped us reduce the demand for electricity. Cleaner fuels, renewable sources of energy, and conservation programmes will help us further conserve energy.

(124 words)

Unit 8 Our Unique Heritage

Graphic Materials and Short Texts

1 D 2 D 3 C 4 D 5 C 6 B 7 B 8 D

Grammar

PRACTICE 1

- 1 tallest; his
- 2 old; fascinating; mysterious
- 3 our; first; Japanese
- 4 long; green; silky
- 5 mint; butter; high

PRACTICE 2

- 1 difficult
- 2 cool
- 3 quiet
- 4 colourful
- 5 delicious
- 6 dirty
- 7 intelligent
- 8 friendly
- 9 small
- 10 kind

PRACTICE 3

- 1 dirtier
- 2 better
- 3 most adventurous
- 4 more charming
- 5 worse
- 6 smartest
- 7 more
- 8 furthest

PRACTICE 4

- 1 I have a small white kitten.
- 2 David and I had some delicious Korean food.
- 3 When Kevin went to Sarawak, he bought me some antique colourful wooden beads.
- 4 My mother gave me three expensive red silk blouses for my birthday.

Text Completion

1 B 2 B 3 C 4 C 5 A 6 D 7 A

Information Transfer

- 1 Ministry of Culture, Youth and Sports
- 2 15th September
- 3 8.00 a.m. to 10.00 p.m.
- 4 Putrajaya Festivals Park
- 5 Malaysia Day
- 6 One Heart One Soul
- 7 Siti Nurhaliza, Gin Lee and Reshmonu
- 8 Traditional games
- 9 Dances and music of the various races
- 10 A week's holiday in Langkawi

Reading Comprehension

- 1 (a) As a token of appreciation after his visit to Malacca and Java
(b) Descendants of Chinese immigrants who came to Peninsular Malaysia and Singapore between 15th and 17th centuries, intermarried with the locals and settled in Bukit Cina
- 2 (a) The Peranakan Chinese language is a non-standard form of the Malay Language with words borrowed from Chinese, Portuguese, Dutch, Tamil and English.
(b) Baju panjang
- 3 (a) Filial piety and ancestral worship
(b) To determine the auspicious date and time to start the wedding rites
- 4 (a) It has developed a unique Peranakan cuisine using Malay spices which has a spicy and piquant flavour.
(b) Nonya bak chang/ apom balik/ kueh genggang
- 5 i The younger generation are being modernised and fail to appreciate their unique culture.
ii The Baba Nonyas are scattered throughout Malaysia and with interactions with other groups much of their distinctiveness and exclusiveness is being lost.
iii Inter-marriage with other races has led to a dilution of the Peranakan culture. (Any two)

Summary

PRACTICE 1

- 1 Descendants of Chinese immigrants who came to Peninsular Malaysia and Singapore between 15th and 17th centuries
- 2 The nobles and other traders intermarried the locals and settled in Bukit Cina and formed the Peranakans.

- 3 Derived from the Malay word 'anak' which means child and it refers to the local born as well as the offspring of a foreigner-native union
- 4 The language is a non-standard form of the Malay Language with words borrowed from Chinese, Portuguese, Dutch, Tamil and English.
- 5 Combination of Malay and Chinese culture
- 6 Adapted from native Malay clothes
- 7 Taoism, Confucianism and Chinese Buddhism
- 8 Filial piety and ancestral worship practised
- 9 Celebrate all Chinese festivals
- 10 Based on Chinese traditions with reference to pek ji
- 11 Sing the Dondang Sayang
- 12 Combination of Malay and Chinese cuisine using Malay spices
- 13 Traditional cakes made in conjunction with festivals
- 14 Fail to appreciate their unique culture

PRACTICE 2

The Peranakan Chinese are the descendants of Chinese immigrants who came to Peninsular Malaysia and Singapore in the 15th and 17th centuries and settled in Bukit Cina. They are the local-born offspring of a foreigner-native union. Their language is a non-standard form of the Malay language with words borrowed from Chinese, Portuguese, Dutch, Tamil and English. The culture and customs are a combination of Malay and Chinese customs and culture. They subscribe to Chinese beliefs such as Taoism, Confucianism and Chinese Buddhism, celebrate Chinese festivals and subscribe to filial piety and ancestral worship. Wedding ceremonies are based on the Chinese tradition and the highlight is the Dondang Sayang. Their food is a combination of Malay and Chinese cuisine using traditional Malay spices. Peranakans are also famous for their traditional cakes.

(128 words)

Writing

PRACTICE 1

Healthy Eating

Being healthy is vital for all human beings. There is a saying that goes, 'Health is Wealth'. If we have good health we will be able to do anything we want and will lead healthy, fulfilling lives.

To ensure good health, good nutrition and a balanced diet are crucial. We must eat food from all the food groups such as carbohydrates, proteins and so on. We must strive for nutritious food at all times. Fruit and vegetables must

be included in our daily routine. They must be served at every meal. Lean meats and other good sources of protein such as fish, eggs, beans and nuts also should be served at every meal. Chicken is a good source of protein.

To increase the intake of fibre, whole-grain breads and cereals must be served. Fibre helps in digestion and also helps us to maintain our weight. Besides this we can have healthy snacks. Good snacks include low-fat yogurt, peanut butter and celery or whole-grain crackers and cheese. These foods are readily available in the supermarkets.

To be healthy, we must limit fat intake by avoiding deep-fried foods. We must also choose healthier cooking methods, such as broiling, grilling, roasting and steaming. We can also choose low-fat or non-fat dairy products to make sure that our fat intake is minimal. Too much fat will result in high levels of cholesterol in our blood.

Although it is convenient and quite tasty, we must limit fast food and other low-nutrient snacks, such as chips and candy. This is to ensure that we do not take food that is either fatty, deep-fried or laden with sugar. We should also limit sugary drinks such as soda and fruit-flavoured drinks. Serve water and low-fat milk instead.

Another strategy for healthy eating is to limit portions and not overeat. We should take only the amount of food we want to eat and not take all the food that is available. Besides being a healthy option, this strategy will help us to control our weight.

So, try your best to eat well to be able to live a long and healthy life.

Written by,
Gowri Shankar

PRACTICE 2

Bullying in Schools

Bullying is a serious problem in our schools. It can have negative effects on the general school climate and can make students feel unsafe coming to school. Bullying can also have negative lifelong effects — both for students who bully and for their victims.

Bullying is abusive behaviour by one or more students against a victim or victims. It can be a direct attack like teasing, threatening, stalking, name-calling, hitting and stealing. It can also be more subtle through malicious gossiping and spreading rumors. Both result in victims becoming socially rejected and isolated.

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Bullying is a common experience for many children and teenagers. Boys tend to use physical intimidation or threats, regardless of the gender of their victims. However, bullying by girls is more often verbal, usually with another girl as the target.

Students who engage in bullying behaviour seem to have a need to feel powerful and in control. They appear to derive satisfaction from inflicting injury and suffering on others. They seem to have little empathy for their victims, and often defend their actions by saying that their victims provoked them in some way.

Combating bullying is a mission that requires cooperation among everyone involved. Parents, the school and the community must work together to stop bullying. Schools must identify bullies and take stern action against them. There must be awareness campaigns in schools, community centres, places of worship and recreation centres. School authorities should increase supervision during recess to curb bullying. Taking such measures can help ensure that all students can study in a safe and fear-free environment.

PRACTICE 3

To: Mr Vincent Abarrow
Teacher Advisor of Environment Club
SMK Bukit Baru
Kuala Kangsar
From: Iskandar Ahmad (Form 5 Angsana)

'Wildlife Warrior' Conservation Programme

During the school holidays, I was involved in the 'Wildlife Warrior' Conservation Programme. It was held in Pulau Redang. The programme was for secondary school students aged 15 – 16 years. The programme lasted for ten days. There were twenty 'warriors' from all over the country. This programme was organised by the Terengganu Wildlife Society together with the National Zoo.

All the volunteers had to make their own way to Pulau Redang. Once there, we were introduced to our leader, Encik Abu Hassan. We were then shown our accommodation. It was a clean and comfortable hostel. On the first day, we were given more details about the programme. It was largely to create awareness among the youth on our endangered species as well as educate us on the threats to the environment and our survival.

We, the 'wildlife warriors', had to carry out duties every day. Among them was to clean the hatchery. That is where the turtles' eggs are kept until they hatch. This was done

every morning and evening. At night, we walked in small groups along the beach to look out for nesting turtles. Once we saw a turtle making its way to the beach, we had to inform our leader. Then we had to make sure that there were no distractions that might frighten the turtle away. Then we collected the eggs and took them back to the hatchery. The eggs were cleaned and put in the incubator.

If there were eggs that had hatched in the incubator, we had to take the hatchlings and keep them in a separate enclosure. These hatchlings were then released to the sea. We had to look out for poachers and alert the authorities.

The 'Wildlife Warriors' is a wonderful programme. It has made me aware of the threats our planet faces. I hope more students from this school will take part in the programme so that we can all work towards saving our planet.

Nokandar
23 June 20__

PRACTICE 4

A very good morning to the principal, teachers and my fellow students. I recently attended a seminar on volunteer work. I would like to share some information on what volunteer work is and give some examples of the types of volunteer work we as students can do.

We do not have to be billionaires to donate to charity. We as students do not have much money to donate but we can donate our time. Volunteering gives us an opportunity to change lives, not only others' lives but also our own. We will help others when we do volunteer work. We can also make new friends who share the same passion when we do volunteer work. We will get the opportunity to acquire new skills such as handicraft skills and learn how to interact with people. Besides this, volunteer work will give us a sense of responsibility. We will be more responsible towards others, the environment, animals and even to ourselves.

There are many types of volunteer work. We can go to shelter homes and help the children with their homework, or even help with some chores in the homes. We can also distribute food to the homeless. 1M4U works with other charities to donate food and we can join them. We can also help at old folks' homes. We can read to them, listen to them and that will make them feel better. Another thing that we can do is to join a conservation group. The group can help out with conservation of nature or animals. We can help out with river preservation or take part in a local park cleanup or even the beach cleanup.

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Helping at an animal shelter is another form of volunteer work. We can play with pets and keep the animals happy and well exercised. We as teenagers can join any charity organisation that we like and start volunteering immediately.

Remember, volunteering gives us a chance to discover what kinds of things we are best at and enjoy the most. A volunteer job that we love can even help develop our ideas about our career goals.

I hope that all of us will be encouraged to do more volunteer work.

PRACTICE 5

Good morning to the principal, teachers and students. As Chairperson of the Social Club, I would like to give a talk on 'Road Safety' today as there has been an increase in the number of road accidents outside our school compound recently. I will highlight the causes of road accidents and I hope that all of you will pay attention and share the information with your family and friends.

There are two main causes of road accidents and they can be categorised as distractions inside the car and distractions outside the car. First, let me tell you about the distractions inside the car. One of the most common causes of accidents is using a hand phone while driving. This is very dangerous but it is still a common sight. If you have an important call to attend to, pull over to the side of the road and continue your conversation. You could use a hands-free kit but this can still distract you while you are driving.

Another common distraction is eating or drinking while driving. This also should be avoided. The next distraction is common among younger drivers – that is, tuning the radio or changing a tape or CD. Your attention will be taken away from the road and an accident can occur. Applying makeup or shaving while driving can cause accidents. Other distractions that cause accidents are glancing at directions or a map as well as looking at children in the back seat. Listening to loud music is another distraction. You might not be able to hear the sound of car horns or other sounds. So do not play the music too loudly. If you are unwell or stressed do not drive. You should drive with a clear and alert mind. Feeling tired and sick will hamper your judgement on the road.

Distractions that come from outside the car also cause accidents. One common distraction is rubbernecking. This is a very common sight in Malaysia where everyone slows down at an accident scene to watch what is going on. This, in turn can cause accidents. Waving to and conversing with friends in another vehicle or on the roadside can

cause accidents, too. Looking at scenery in the countryside or even window shopping while passing shops are distractions that can cause accidents. So you have to give your full concentration while driving to avoid accidents.

I hope you will follow my advice and avoid doing the things mentioned in order to be safe. Remember the saying 'Better safe than sorry'.

With that I end my speech. Thank you.

PRACTICE 6

Good morning to the principal, teachers and friends. As we know, water is a very precious gift. In our school, we see many students wasting water. Students forget to turn off the taps after washing their hands. They also play with the water and leave the taps running. This morning, I would like to share with you some ideas on how we can save water at home as well as at school.

First, we must always fix dripping taps. We may not realise this but, dripping taps waste a lot of water. If we do not know how to fix taps, we can always call a plumber. Next, we should take showers instead of baths. A shower uses three times less water than a bath.

Another way to save water is not to leave the water running while we brush our teeth. Many of us tend to leave the water running when we brush our teeth, not realising that by doing so, we are wasting almost 9 litres a minute. That is a lot of precious clean water wasted. Instead of doing that, we can rinse our mouths with water from a tumbler.

My friends, I am sure we often help out with chores at home. How can we save water when doing chores? I will share with you a few very simple tips you can do at home. When we wash vegetables or fruits, we should not wash them under running water. It is better to fill a bowl with water and use that to soak and wash the vegetables or fruits. In addition to that, we can also save the used water to water the plants in our gardens. When we water our plants, it is better to do so in the evenings when it is not so hot so that the water will not evaporate quickly. This is another way we can make sure that we do not unnecessarily waste water.

We also need to wash our clothes regularly. However, we should use the washing machine only when we have a full load. Otherwise, we end up using a lot more water, not to mention electricity. Finally, we should use a bucket and a sponge to wash our cars rather than a hosepipe. Furthermore, it is a good idea to wash cars once a week instead of every day.

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Ladies and gentlemen, let us work together to conserve water for ourselves and the future generations. If we all make an effort to save water, I am sure that we can make a positive difference. Thank you.

PRACTICE 7

Marina binti Yusoff
Environment Club
SMK Seri Permai
23000 Kuantan
Pahang

The Manager,
Indah Recycling Centre,
123, Jalan Indah 1,
28000 Karak
Pahang.

24 FEBRUARY 20__

Dear Sir,

Request to Visit Indah Recycling Centre

With reference to the matter above, I, Marina bt Yusoff, the secretary of the Environment Club in SMK Seri Permai, Kuantan, would like to request permission to visit your centre in April this year.

2. The Environment Club is organising this visit as part of our programme for this year. We would like to visit on 4 April which is a Wednesday. We will most probably be there at 10.00 am. There will be 40 students with 4 accompanying teachers.
3. As mentioned earlier, my school is SMK Seri Permai, 23000 Kuantan. The school's phone number is 09-2345678. You could alternatively contact our teacher advisor, Mr Prem Kumar at 019-5678123.
4. We would like to see how cans are recycled and see the exhibition on the recycling process. This will give us more knowledge on recycling and eventually help us protect the environment. The students would also like to take part in the quizzes. We would not want to give up the opportunity to win exciting prizes. We would also like to watch the video presentations on recycling and attend the lectures on how to reduce waste at home. Besides that, we are very excited about the information packs that will be given away free.
5. We will be coming by school bus and as such we would like a parking lot for the bus. I would like to enquire if we can take photographs in the centre. We need to take photographs for our recycling project.

6. I sincerely hope that you will allow us to visit the centre on the date we have requested. We look forward to a favourable reply from you.

Thank you.

Yours sincerely,
Marina Yusoff
(Marina Yusoff)
Secretary
Environment Club
SMK Seri Permai

PRACTICE 8

23, Jalan Bahagia
5/2
Taman Bahagia
71200 Rantau
Negeri Sembilan
21 MAY 20__

Dear Jay,

How are you? I hope you are fine. I am fine here with my family. I am looking forward to our holiday. You asked me to choose which holiday destination I would prefer. Frankly, I prefer to go to Pulau Tiara.

Firstly, Pulau Tiara is just an hour's journey by boat. However, to go to Bukit Impian, we have to travel by bus for two hours. That is very tiring as the road is winding and narrow. Besides, when we travel by boat we can enjoy the scenery and if we are lucky we can see dolphins.

Then we have the accommodation. In Pulau Tiara we can stay in a hotel or chalet. There will be good facilities and I am sure there will be a swimming pool and clean, air-conditioned rooms. On the other hand, in Bukit Impian, we have to sleep in a tent and set up camp. There will be mosquitoes and even wild animals. I think we will feel uncomfortable.

Furthermore, in Pulau Tiara food is provided. We do not have to worry about our food. In Bukit Impian, we have to cook our own food. I know it can be interesting but just imagine – we have to bring along canned food as well as packets of instant noodles. We need to bring utensils as well. Let us relax this holiday and forget about packing all these things.

The activities in Pulau Tiara are interesting. We can go swimming and snorkelling. We haven't experienced that so it will be fun. We can also go fishing and play beach games like beach volleyball. It will be fun. In Bukit Impian, we have

activities like jungle trekking and rock climbing. We did all that when we went to the motivational camp last year, remember? Visiting a tea plantation and a rose garden is not very exciting for us, I am sure. So the island is a better choice.

For both the packages, we will be away from home for 3 days and 2 nights. That is not a problem for me. Although the trip to Pulau Tiara costs more than the trip to Bukit Impian, it is still a better choice. We will stay in a more modern and comfortable area but we will have time to enjoy ourselves and our parents would not have to worry about our safety.

I hope to receive a reply soon. Please convey my regards to your family.

Your cousin,
Mary

PRACTICE 9

- Choose the person you want to write about
- State why you admire him/her
- Give adjectives to describe the person
- What his/her qualities are
- Is there anything he/she did that was outstanding?

PRACTICE 10

Competition necessary for advancement

Beneficial:

- Spurs competitive spirit
- Brings out the best
- Set higher standards/benchmark
- Go beyond one's expectations

Evil:

- Overly competitive
- Selfish in knowledge
- Become unscrupulous
- Resort to illegal, unethical means
- Causes greed

Summarise by giving your personal opinion

PRACTICE 11

- Set up a scenario for your story
- Outline events that lead to you saving someone's life
- Be descriptive
- Try to make it as exciting as possible

PRACTICE 12

- Define exercise – physical activity; regular exercise is beneficial
- Types of exercise: indoor – gym, yoga
- Outdoor – sports, jogging

Benefits:

- Heart health

- Muscles strong
- Better stamina
- Overall health
- Improved mood

Who should exercise: everyone, especially those who do office work, children

End with encouraging people to exercise

PRACTICE 13

Define household waste – all forms of rubbish we throw out of our home

Types of waste:

- Food waste
- Bulky items
- Everyday trash
- Recyclables

Effects of increased waste on environment:

- Global warming
- Toxic leachates
- Lack of space for landfills
- Poisonous fumes

What we can do:

- Reduce waste
- Compost food waste
- Separate recyclables
- Stop buying unnecessary things
- Upcycle – reuse items
- Use less packaging

End with stating our responsibility in helping to protect the environment by reducing waste

PRACTICE 14

Accidents can happen anytime, anywhere

Types of accidents:

- Workplace accidents
- Road accidents
- Accidents at home

Effects:

- Loss of life
- Injuries
- Inability to work
- Financial costs

Precautions:

- Wear right safety gear
- Buckle up
- Be careful all the time
- Follow instructions, advice
- First aid kit nearby
- Be prepared – know what to do, who to call

PRACTICE 15

- Choose a destination
- State why it's an exciting place
- Be descriptive and try to give as much details as possible to help readers visualise the place
- What does this place offer tourists?

PRACTICE 16

Improvements to standard of living – better housing, transportation, infrastructure

Damages:

- Deforestation
- Pollution
- Destruction of habitats – animals endangered
- Concrete jungles – more health problems

Benefit:

- Economic progress
- Better standard of living
- More facilities

Summarise: Need improvements but need to be prudent – protect environment

Literature

Selected Poems

PRACTICE 1

- The poem is about anger, and more importantly, some of the destructive consequences that can result when we cultivate our anger. (Accept any suitable answer)
- Deceptive
- By tricking his friend with false smiles
 - By carrying out cunning and crafty tricks
- Deceitful (Accept any suitable answer)

PRACTICE 2

- And it grew both day and night./ Till it bore an apple bright
- It symbolises anger and hatred. (Accept any suitable answer)
- He stole the apple and ate it.
- When a person is angry with someone he/she becomes unreasonable, insensitive and not very tolerant. We should talk about our anger and why we are angry. (Accept any suitable answer)

PRACTICE 3

- (a) A friend is someone you can talk to even if you are angry with him/her and an enemy is someone whom you do not trust and even hate. (Accept any suitable answer)
- (b) Because he was not willing to talk about his anger. (Accept any suitable answer)
- (c) It tells us that the persona is cunning and insincere.
- (d) The interesting part about the poem is that it teaches us that harbouring angry feelings is not a good thing and makes me realize that we need to talk things out with people who make us angry otherwise at the end of the day we will be the ones who will suffer. (Accept any suitable answer)

PRACTICE 4

- (a) When we are angry with someone we should talk about it and settle our differences.
- (b) How anger begets anger./ The power of communication (Accept any suitable answer)
- (c) Unforgiving/ Deceptive/ Sinister (Accept any suitable answer)
- (d) We should not let anger take over our lives and ensure that we forgive and forget. (Accept any suitable answer)

PRACTICE 5

- (a) It represents the way she has left her childhood and related memories behind.
- (b) Her money-box 'And only a circle on the dusty shelf/ Where her money-box used to be?'
- (c) 'Window wide' shows that Lulu escaped by climbing out through the window and 'the curtain flapping free' represents that Lulu has got her freedom by running away.
- (d) (i) She wants to be with her boyfriend. / She wants her freedom.
(ii) Her mother did not approve of her relationship with her boyfriend. (Accept any suitable answer)

PRACTICE 6

- (a) She has taken all her savings and the persona heard an 'engine roar' as if someone came in a car and drove off with Lulu.
- (b) Confused
- (c) There must have been an argument.
- (d) (i) The persona's mother
(ii) Her mother was upset that her child refused to listen to her and she is grieving over her lost child.

PRACTICE 7

- (a) The persona's mother is confused. / She is in a state of confusion. (Accept any suitable answer)
- (b) She does not know how to handle the situation and cannot think straight.
- (c) In Lulu's room
- (d) Yes, I feel sorry for them because it is very upsetting to lose a sibling and child. (Accept any suitable answer)

PRACTICE 8

- (a) Charles Causley
- (b) a b c b
- (c) Yes, I like the poem because it highlights the importance of family ties. (Accept any suitable answer)
- (d) I would talk to the person concerned about the problem. Then, I would advise him/her not to be so irrational in his/her actions. I would also ask him/her to consider the consequences of the action and how it will affect her family and friends. (Accept any suitable answer)

Novels*Sample answers***PRACTICE 1**

In the novel *Dear Mr. Kilmer*, a character that I found to have admirable qualities is none other than the main character, Richard Knight. He is only 15 years old but behaves very much like a mature adult. Firstly, Richard is a nature lover and stands firm that humans should not kill animals. He refuses to kill a deer and intentionally misfires in order to save it. Secondly, he is a very sensitive, concerned and thoughtful person. He also feels for the less fortunate and down-trodden. For example, he feels sorry for his sister, Angie, who had to take on responsibilities as a full-time farm woman when their mother passed away. He empathises with Angie and tries to be helpful and supportive. Richard also feels for Hannah and her family, praying for the safety of Otto, Hannah's brother who has joined the war. Apart from these qualities, he is also talented and intelligent. To me, he is an all-rounded character and that is why I find him admirable.

PRACTICE 2

In the novel *Sing to the Dawn*, I think the most difficult decision made was by Kwai who gave up competing with his sister Dawan for the scholarship. Although he had

the support of his father and he could have taken the scholarship away from his sister, he eventually decided not to. Although initially he had tried to thwart Dawan's ambitions, he later realised that she was the deserving winner. I think it was a difficult decision for him because he not only really wanted the scholarship but he also had to face his father's wrath. Despite his father's threats, he stuck firm to his decision to allow Dawan to go to the city. We know that both children are afraid of their father, and they even admitted so to their grandmother. In addition, the father was in a foul mood and seem to be on the verge of violence. Despite his fears, Kwai stood firm and that is why I thought his decision was difficult.

PRACTICE 3

The novel that I studied was Captain Nobody by Dean Pitchford. I think the main theme of the novel is believing in yourself and accepting who you are. At the beginning of the novel, we see how Newt Newman is considered a 'nobody' because most people, apart from his two best friends, don't even realise he exists. Next to his popular brother Chris, Newt is practically invisible. But when Chris goes into a coma after a football game, Newt finds a way to deal with all that's happening by turning into Captain Nobody. When he's in his suit, he feels like a different person and finds the confidence to do things he normally wouldn't be able to. Newt manages to help Mr Clay home, prevent a robbery and avert a disaster involving a plane. Apart from this, he also manages to climb up the building to talk to Reggie as everyone thought he had gone up to commit suicide. When he goes up to Reggie and his mask flies off, he realises that Captain Nobody and Newt Newman are the same and therefore, capable of doing anything he sets his mind to. As the novel ends, Newt has become a 'somebody' and he no longer needs his suit to remind him of all the things he can do.

PRACTICE 4

In the novel Captain Nobody, I think an important incident is when Chris Newman falls into a coma after the football game. This is important because it is because of this that Newt began his journey as Captain Nobody. If Chris had not fallen into a coma, Newt's life would have been the same in that he would be 'invisible' to most people, even his parents. As his parents had to be in the hospital most of the time, Newt had to find ways to keep himself occupied to prevent from thinking too much of his brother. As Captain Nobody, he eventually breaks

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out of his shell, and becomes a person who is more self-assured, confident and brave. That is why I think Chris falling into a coma was an important part of the book.

SPM Model Test

Paper 1

Section A

Sample answer

Benefits of the Boarding System of Education
By Rajini Mann

Many children in this country are not very keen to attend boarding schools. They fail to realise that attending boarding school is one way to develop as an individual. What makes most boarding schools work well is the vast number of activities, programmes and challenges available to students on a daily basis. The typical boarding school student is one who wants to embrace this huge opportunity; to live in a community where learning, personal growth and exploration are top priority; where programmes and activities are abundant; where making friends is paramount; and where success is celebrated.

Staying in boarding schools means time is saved as the classrooms and dormitories are in the same area and one has to spend only a few minutes to get to the school. There is no need to spend money on transport and travelling to and from school. Boarding schools offer students the opportunity to foster intense connections with their teachers, in part due to smaller, more intimate class sizes. The outlook of teachers at boarding schools regarding their position isn't that of a job, but more of a vocation, where they become an important role model in each of their students' lives. Teachers work with students, share meals and often live on campus, making it a difficult environment to duplicate anywhere else. Boarding school teachers fully support the projects that students take on.

Homework can also be completed on time and with ease as students are not easily distracted. Students can help each other and carry out group discussions. Seniors can help the juniors with their homework and assignments. Students will also make friends for life. Students do not just have to manage their own affairs, they learn how to live and deal with other people. They are challenged to develop their interpersonal skills because there is no hiding at boarding schools. You have to learn to get along with others because it is a community. You learn to be responsible for your actions. Most boarding school graduates look back at their years in school as a time when lasting friendships were formed.

At boarding schools, children learn to be independent and self-reliant, two very important qualities for a person to have, for success. Children are required to do their own laundry, get up in the morning without their parents' help, have whatever food is served and do chores in their respective dorms. Parents aren't there to shield them. They are prepared to succeed, with the ability to manage their own lives. Boarding schools are good places to fail and succeed—which makes them great places to learn. They are given freedom within limits.

When children stay in boarding schools they are able to participate in many of the out-of-school activities. At home they may not be able to go out as parents may not allow them to. Weekends and off-days can be used gainfully as they do not have very many distractions. Most boarding schools have amazing sports facilities for students to use, gainfully. All things considered, studying in a boarding school is very beneficial for students.

Section B

1 Introduction: Importance of family unity

Elaborate on points:

Why siblings need to be united

Love

Support

Blood thicker than water

Discord will lead to enmity, fights

Divide family – unhappy, stressful, easy for others to destroy

Summary: Emphasise family closeness

2 Give detailed description of what happened, the people involved, your feelings

Describe the scene well

Use appropriate adjectives/verbs to give essay added excitement/drama

What happened at the end

3 Make your stand clear

Elaborate on how families and schools are

State whether you have witnessed lack of discipline, manners, give examples

Give reasons based on your stand (agree/disagree)

Is there a need for children to change? If so, why and how?

End on a positive note of what society can do or be like

4 Importance of money in our live

Root of all problems: Why?

Greed, avarice – loss of values

Money as god

Materialism/Consumerism

Keeping up with the Joneses – enough is never enough

Benefits of money:

Education

Power to help

Philanthropy

Summary: Money not root of evil; human ambitions, greed cause of evil

5 Choose a singer/actor

State why

What qualities does he/she have?

What are the things he/she has done?

What are the talents?

Paper 2

Section A

1 D 2 A 3 B 4 C 5 A 6 B 7 B 8 B
9 B 10 B 11 C 12 C 13 C 14 C 15 C

Section B

16 Integrity

17 Transparency

18 Teamwork

19 Timeliness

20 Respect

21 The Ministry of Youth and Culture

22 act as a catalyst and facilitator

23 13 and 19 years old

24 August

25 10 July 201_

Section C

26 (a) Oestrogen-like chemical in plastic

(b) Bisphenol A or BPA

27 It shows that it is not a very serious threat

28 (a) It can seep from baby bottles.

(b) It is present in liners in cans containing infant formula.

29 (a) "It rated as 'negligible' the concern for adults."

(b) Because what is tested positive in animals may not be positive for human as our biological makeup is different.

30 Because for once, the findings recognise the danger of BPA

31 – babies, children and even foetuses are at risk

– harm development of brain and reproductive organs

– disrupts hormones

– alter genes

– causes cancer

- causes early puberty in female
- attention deficit disorder
- changes in behaviour
- effects mammary glands, prostate glands
- neurological disorders

Section D

32 (a) He talked to his friend about his anger.

(b) A tree

(c) Suppressing anger

(d) In my opinion what the persona did to his foe was wrong.

He should not have allowed his anger towards his foe grow to such an extent. He should have dealt with it at once and put an end to their differences and move on.

33 In the novel *Dear Mr Kilmer*, the character that made a lasting impression on me is none other than the main character Richard Knight. He is only fifteen years old but behaves very much like a sensible and mature adult. He is very righteous and believes in giving everyone a chance. He does what he thinks is right and does not fall victim to peer pressure even though he risks alienation by the other students in his class. He supports the Schemers especially Hannah when others try to make their lives miserable because they are Germans. He enjoys writing poetry and pursues it with passion even if it means going against the social norms. He stands for what he believes in and is very happy when people eventually acknowledge his poetic skills. Richard Knight is also a very sympathetic person and he feels for Mr. Kilmer's family when he is killed. These are some of the reasons why Richard Knight's character made a lasting impression on me.